God's grace is sufficient.

Philippians 4:11-13 Not that I speak in respect of want: for I have learned, in whatsoever state I am, *therewith* to be <u>content</u>. ¹² I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need. ¹³ I can do all things through Christ which strengtheneth me.

Keys to contentment.

- Vs 11- 12: Today, we are in a time of <u>abasement</u>. Do you know <u>how</u>?
- Notice our need for learning! Vs 11-13
 - The key is learning to be $\frac{1}{2}$ content in your $\frac{1}{2}$ state.
 - Live abounding or needing THROUGH CHRIST. That strengthens us.
 You can decide that God's promises over your life are enough.

GROW devotionally. Get with God every day.

James 4:8a Draw nigh to God, and he will draw nigh to you.

What is enough?

1 Timothy 6:8 And having food and raiment let us be therewith content.

Matthew 6:31-32 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, Wherewithal shall we be clothed? ³² (For after all these things do the Gentiles seek:) for your heavenly Father knoweth that ye have need of all these things.

Compare...

2 Thessalonians 3:10 For even when we were with you, this we commanded you, that if any would not work, neither should he eat.

Ok, lets apply the transitive property to those verses. If, then logic.

A **job** is a great key to **contentment**!

Let's help each other with JOBS. (join the Midtown Baptist Temple members FB group.)

Let's work right at home. Build up your house!

Proverbs 14:1 Every wise woman buildeth her house: but the foolish plucketh it down with her hands.

• Stress is going up in many homes.

BUILD up your house.

PURPOSE to show love to your family in at least 3 different ways each day.

SET a schedule.

WORK out.

<mark>EAT</mark> right.

INVEST Why? Because what God has given you is WORTH SACRIFICE!

Contentment says that God has me right where He wants me! So how do I give Him maximum glory right here and right now?

2 Corinthians 12:9-10 And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. <u>Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me</u>. ¹⁰ Therefore I take pleasure in infirmities, in reproaches, in necessities, in persecutions, in <u>distresses</u> for Christ's sake: <u>for when I am weak, then am I strong</u>.

We need God's grace over our lives.
 PRAY James 4:6 But he giveth more grace. Wherefore he saith, God resisteth the proud, but giveth grace unto the humble.

Prayer, Counsel, Salvation – Call 816398.8171 Ext 5 and leave a message / email <u>info@mbtkc.org</u> -we'll have a counselor get back with you asap (sometime this week.)